

# Slovakian Kyokushin Karate Organisation

## 13<sup>h</sup> Slovakian International Championship in Kata and kumite

**Date:** October 2<sup>nd</sup> 2010

**Place:** Sport Hall in Mužla (Štúrovo 8 km)

**Disciplines:**

### 1. Kumite

- men (born 1991 and older) – knock down – lightweight and heavyweight (2 min, shin pads)
- women (born 1991 and older) – knock down – lightweight and heavyweight (2 min, shin pads, breast pads)
- junior boys (born 1992-93)– knock down – lightweight and heavyweight (2 min, shin pads, head gear)
- junior girls (born 1992-93)– knock down – lightweight and heavyweight (2 min, shin pads, breast pads, head gear)

### 2. Kata

#### **- orange belt (10<sup>th</sup> - 9<sup>th</sup> kyu)**

- |                  |                   |
|------------------|-------------------|
| - boys 2001      | - girls 2001-     |
| - boys 1998-2000 | - girls 1998-2000 |
| - boys 1996-1997 | - girls 1996-1997 |
| - boys 1994-1995 | - girls 1994-1995 |
| - boys 1992-1993 | - girls 1992-1993 |
| - men 1991-      | - women 1991-     |

1st round (**free kata**): Taikyoku sono ichi, Taikyoku sono ni, Taikyoku sono san, Sokugi Taikyoku sono ichi, Sokugi Taikyoku sono ni, Sokugi Taikyoku sono san

2nd round (**free kata**): Taikyoku sono ichi, Taikyoku sono ni, Taikyoku sono san, Sokugi Taikyoku sono ichi, Sokugi Taikyoku sono ni, Sokugi Taikyoku sono san

#### **- blue and yellow belts (8<sup>th</sup> - 5<sup>th</sup> kyu)**

- |                  |                   |
|------------------|-------------------|
| - boys 2001      | - girls 2001-     |
| - boys 1998-2000 | - girls 1998-2000 |
| - boys 1996-1997 | - girls 1996-1997 |
| - boys 1994-1995 | - girls 1994-1995 |
| - boys 1992-1993 | - girls 1992-1993 |
| - men 1991-      | - women 1991-     |

1st round (**free kata**): Pinan sono ichi, Pinan sono ni, Pinan sono san, Pinan sono yon, Pinan sono go

2nd round (**free kata**): Pinan sono ichi, Pinan sono ni, Pinan sono san, Pinan sono yon, Pinan sono go, Yantsu, Tsuki no

**- green and brown belts (4<sup>th</sup> - 2<sup>nd</sup> kyu)**

- |                  |                   |
|------------------|-------------------|
| - boys 1998-2000 | - girls 1998-2000 |
| - boys 1996-1997 | - girls 1996-1997 |
| - boys 1994-1995 | - girls 1994-1995 |
| - boys 1992-1993 | - girls 1992-1993 |
| - men 1991-      | - women 1991-     |

1st round (**compulsory kata**): Gekesai Sho

2nd round (**free kata**): Yantsu, Tsuki no, Gekesai Dai, Gekesai Sho, Saifa, Seienchin, Garyu, Seipai, Kanku, Sushiho

**- 1<sup>st</sup> kyu – 4<sup>th</sup> dan**

- |                  |                   |
|------------------|-------------------|
| - boys 1996-1997 | - girls 1996-1997 |
| - boys 1994-1995 | - girls 1994-1995 |
| - boys 1992-1993 | - girls 1992-1993 |
| - men 1991-      | - women 1991-     |

1st round (**compulsory kata**): Gekesai Sho

2nd round (**free kata**): Yantsu, Tsuki no, Gekesai Dai, Gekesai Sho, Saifa, Seienchin, Garyu, Seipai, Kanku, Sushiho

**Main Judge:** Sensei RácZ Norbert 3<sup>rd</sup> dan

**Participation fee:** 10 € (15 € kata + kumite)

**Deadline registration:** September 24<sup>th</sup> by e-mail [racz@kyokushin.sk](mailto:racz@kyokushin.sk)

It is possible we book a hotel for you (15-20 €)

**Program:**

- 9<sup>00</sup>-10<sup>00</sup> - registration
- 10<sup>00</sup>-11<sup>00</sup> - referees conference and drawing
- 11<sup>00</sup> - opening ceremony
- 11<sup>10</sup> - competitions in kata
- cca. 14<sup>00</sup> - competitions in kumite

Prizes: 1<sup>st</sup> place – cup, 1<sup>st</sup> - 3<sup>rd</sup> places – diplomas, medals

Everybody is cordially welcome

Osu!

RácZ Norbert 3<sup>rd</sup> dan